

## **Local family support during summer holidays**

1. **Humanity First Food Bank**- a new charity is coming to Mirfield to open a food bank and soup kitchen. This will be on Mirfield high street in the old Millie and Bertie's building. The aspiration is to provide low income and vulnerable families with food parcels.

2. **The Welcome Centre**- (10am-4pm, M-F, 01484 340034)

Currently offering the following items by referral from:

GP, social worker, housing agency, psychiatric nurse, housing services, Lifeline, Connexon: Kirklees Welfare Provision Team (01484 414782)

Citizens Advice and Law Centre (03448487970)

Huddersfield Mission (01484 421461)

- Food parcels (to suit available cooking facilities and dietary requirements)
- Toiletry packs (soap, toilet rolls, toothbrush & toothpaste, razors, deodorant & shaving foam and sanitary items)
- Cleaning Pack (Washing up liquid, dish cloth, sponge and J-Cloths)
- Towels Pack (bath, hand and flannel)
- Pair of Curtains (limited sizes available)
- Duvet Quilt (new or clean and washed)
- Bedding Pack (Duvet cover and sheet + pillowcases)
- Pillow (1 for single, 2 for double bed)
- PAT tested kettle and Toaster (if available)
- Home Starter Pack (Crockery, cutlery and pans, can opener, sharp knife, tea towels, laundry powder)

### **Condoms**

We can now offer free condoms in packs of 4, to promote safe sex and raise awareness of sexual health services. These can be requested when you phone the referral line and will be added discretely into the food parcel bag.

### **Healthy Start vouchers application form and Healthy Start vitamins,**

These will automatically be added to food parcels for any one referred to us who is pregnant or with a child between the ages of 0 – 4.

### **Healthy Start Vouchers**

Pregnant women get one Healthy Start voucher a week worth £3.10

Babies under the age of one get two vouchers a week worth a total of £6.20

Children aged over one and under four get one voucher a week worth £3.10.

Vouchers are posted out every four weeks. They can be spent on milk, plain fresh or frozen fruit and vegetables (fruit and vegetables with nothing added), or infant formula milk in a wide variety of local shops and supermarkets and with milkmen that have registered to take part in the scheme.

### **Healthy Start vitamins**

Healthy Start vitamins contain vitamins A, C and D for children aged from birth to four years, and folic acid and vitamins C and D for pregnant and breastfeeding women.

3. **“Schools Out” Holiday Hunger project-** Mirfield Hub are planning on providing a local offer for the holidays which supported vulnerable families with food and an enrichment activity. There will still be an offer for children which will include online activities and art packs, Kirklees are also looking at how they can put some free school meal provision in place
4. **Mental Health in the Mirfield Hub-** Lyndsey Wroe closely with Carol Bailey at Relax Kids on proposal to provide mental health/ wellbeing support in schools but we are also looking at what we can provide in the community.

5. **Youth Workers North Kirklees**

Working under Lee Turner as the 2 new detached youth workers in Mirfield are;

Leah Shaw- [leah.shaw@kirklees.gov.uk](mailto:leah.shaw@kirklees.gov.uk)

Ed Atkinson- [ed.atkinson@kirklees.gov.uk](mailto:ed.atkinson@kirklees.gov.uk)

The team will be out and about imminently in Mirfield in hot spots where youths are gathering and really want to work closely with us as a Hub which is brilliant, they want to work with the most vulnerable/ hard to reach groups and individuals aiming to improve youth engagement and reduce ASB.

They have a new e-mail address for anyone to report youth hotspots/ gatherings- please share this also and use it when you need to-

[youthwork@kirklees.gov.uk](mailto:youthwork@kirklees.gov.uk)

6. **Parenting offer**

Our contact for this area is- Sara Conley- [sara.conley@kirklees.gov.uk](mailto:sara.conley@kirklees.gov.uk)

Available courses and support:

- Steps/PX2
- SEN Family Links
- Early Parenting
- Strengthening Families Strengthening Communities
- Liberty
- Safer Healthier Homes
- Understanding teenagers workshops
- 5-11 workshops
- Step Up
- HR4YP (Healthy Relationships for Young People)

7. **Domestic Abuse**

The service supporting DV is the Pennine Domestic Abuse Partnership.

To speak to a specialist domestic abuse advisor for contact PDAP 24hr helpline 0800 052 7222

If you are at immediate risk call 999

For general enquiries contact 01484 308302 Email [admin@pdap.co.uk](mailto:admin@pdap.co.uk)

**VIRTUAL OFFER – Online activities-**

- **PRIMARY AGE CHILDREN-** [WWW.KIDZCENTRAL.CO.UK](http://WWW.KIDZCENTRAL.CO.UK)
- **SECONDARY AGE CHILDREN-** [WWW.YOUTHCENTRAL.CO.UK](http://WWW.YOUTHCENTRAL.CO.UK)