



Head Teacher
Mrs K Woods (BSc)
Tel: 01924 494970
Email: head.crowlees@kirkleeseducation.uk

Crowlees CE (C) J & I School
Springfield Park
Parker Lane
Mirfield
West Yorkshire
WF14 9PD

Dear parents and carers

We all know how important it is that our children have a balanced diet and learn to eat healthy food. We would like to work with parents and carers to help by making sure we provide a nutritious meal for the children at school every day. We know that some children can be 'fussy eaters' and can get stuck into only eating a limited range of foods and it can be really difficult to encourage them to eat more fruit and vegetables and less of the highly processed foods.

With this in mind, Crowlees School is trialling a new 4-week menu for Kirklees, with a good variety of meals on offer. Mrs Lockwood, our school cook, has based the selection of meals on requests the children themselves have made. If successful, a 4-weekly menu could be considered in other Kirklees schools. We are keen that this initiative succeeds so that our children can all benefit.

There are a few parameters we must work within to do with allergies and the food ordering system, but we have worked hard to make sure the meals will be popular with our children and also increased the portion size for our key stage 2 children.

Kirklees catering services have strict standards and guidelines for the food they offer:

Did you know....?

- At least 75% of the food produced on site is freshly prepared using fresh, seasonal and local produce where possible
- All fish is used from sustainable sources
- All meat is Farm Assured
- Each day there must be a vegetarian meal on offer
- Fried items are restricted to two items per week
- Fresh fruit, vegetables or salad must be available every day
- There must be a fruit-based dessert at least twice a week
- Organic ingredients are used, such as pasta, flour and yoghurts
- All eggs used are free range
- There is no added salt
- Puddings and custard all have reduced sugar
- There is 'hidden veg' in all the pizza bases which are all home made
- Sugar smart puddings are offered at least once a week

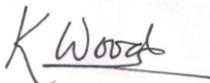
The new Meal Selector system means that every child can choose their preferred meal each day and this should lead to less waste and no child missing out.

We would really appreciate you talking to your child about this opportunity and helping us by signing up to the school meals and then giving us your feedback so that we can communicate this to Kirklees and make the service the best it can be for our children.

If your child wishes to change their current meal pattern from packed lunch to school meals, or vice versa, from the beginning of term in September, please could you notify the office by Thursday 22 July. If they wish to change at any stage during the school year, please give a week's notice.

Please note that from 7 September, the price of a school meal will increase to £2.35 per day (£11.75 per week) - this charge applies to children in Years 3, 4, 5 and 6; Key Stage 1 children are still provided their meals free of charge.

Kind regards

A handwritten signature in black ink that reads "K Woods". The signature is written in a cursive style with a horizontal line underneath the name.

Mrs K Woods

Mrs S Lockwood
Crowlees Catering Supervisor